

# DENTAL HEALTH IS IMPORTANT FOR ALL DELAWAREANS!



## Did you know:

Adults with developmental disabilities in Delaware have less comprehensive access to oral health care.

- Delaware ranks 36th in the gap between those with and without disabilities who have visited the dentist in the last year
- Adults with disabilities are twice as likely to have not had a teeth cleaning in the last five years compared to those without a disability
- Medicaid doesn't typically cover routine dental care after age 21

Good oral health care, through at-home prevention and regular visits to the dentist, is important for adults with developmental disabilities for their general health, economic well-being and social acceptance.



[ddc.delaware.gov](http://ddc.delaware.gov)

# What can we do?

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## Education!

Routine cleaning, flossing and trips to the dentist play a role in the prevention of cardiovascular disease, stroke and other serious health conditions.

## Prevention!

There are great online tools explaining oral health challenges adults with developmental disabilities face.

(Try [nih.gov](http://nih.gov), [cdc.gov](http://cdc.gov) and [ada.org](http://ada.org))

## Access!

There are locations throughout Delaware specializing in providing accessible, low-cost oral care to those with developmental disabilities.

(<http://bitly.com/DEdentalresource>)

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Talk to your legislator about options to provide access to good oral care for those with developmental disabilities.

(<http://bitly.com/DElegislators>)



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